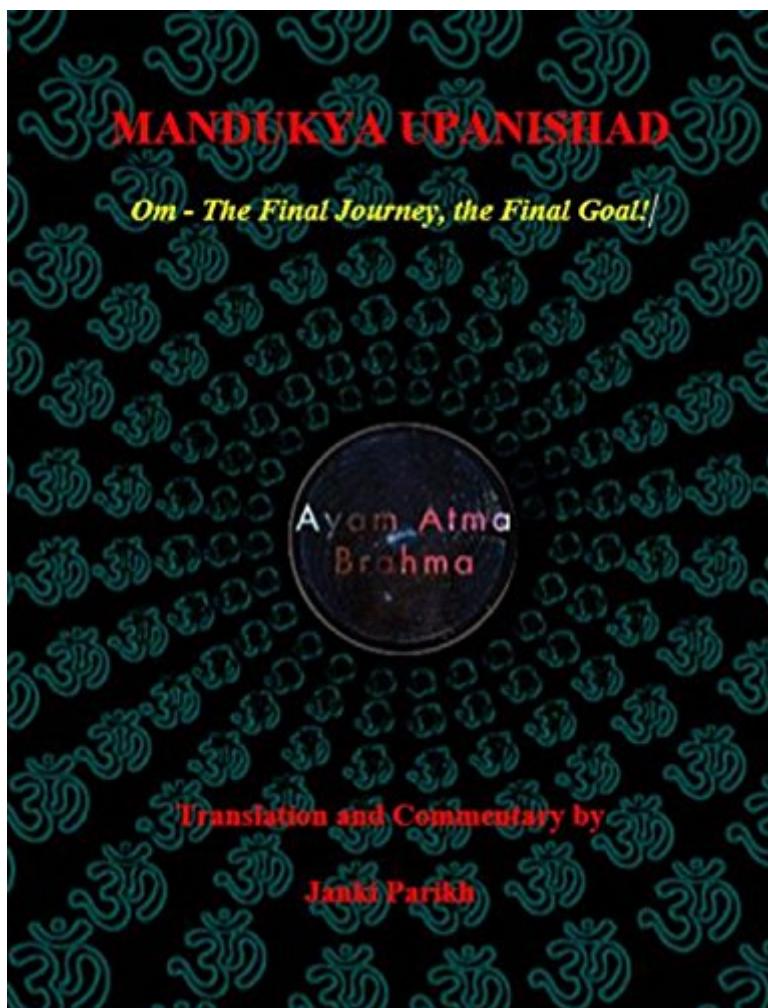


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# Mandukya Upanishad: OM - The Final Journey And The Final Goal...



## Synopsis

The Upanishads are a collection of texts which contain the central philosophical concepts of Hinduism. They explore the concepts of Brahman (Ultimate Reality) and Atman (Soul, Self), which are the spiritual core of Hinduism. The Upanishads, along with the Gita and the Brahmasutras, are considered the principal source texts of Hinduism. And being such, an in-depth study of these texts gives the reader a deep, clear insight into the nature of Brahman and Atman, thus firmly sowing in the heart the seeds of self-discovery. Properly nurtured, these seeds eventually grow into the grand tree of self-knowledge, culminating in self-realization, which is the final goal of all human life, and the climax of man's evolution! The Mandukya Upanishad is among the most widely read, studied, and celebrated Upanishads. It is the shortest Upanishad with a clear, concise and terse twelve verses. It does not give analogies, tell stories or make comparisons. It is a bare statement of facts stating the nature of humanity and the nature of Absolute Reality. Within the nutshell of twelve verses, it packs the entire wisdom of all the Upanishads! The importance of the Mandukya is supposed to have been revealed by Lord Rama himself in the Muktika Canon, which is a dialogue between Lord Rama and his faithful devotee, Hanuman. Lord Rama teaches Hanuman about Vedanta and Moksha (liberation). In order to reach the highest form of liberation, Lord Rama says: "For the liberation of the aspirant, the Mandukya is enough; even after this if knowledge is not got, then study the 10 Upanishads. If certainty is not attained even then, study the 32 Upanishads. If the desire for Moksha suddenly arises at the last moment before death, then read the 108 Upanishads." What tribute could be greater than this! Continue your journey into the world of Upanishads with the Mundaka Upanishad. This is a journey of self-realization from which there is no turning back!

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